**Local Youth Action Scheme (LYAS) – Summer 2022 – Provisional Programme**

Having had a couple of disrupted summers we are planning to deliver our Local Youth Action Scheme this summer with a team of 10-12 young people, mainly from year 11 and 12, where possible with the support of peer leaders from previous LYAS teams. This project includes team building activities, skill development, training and accreditation opportunities, planning and delivering a local social action project to benefit the local community and an outdoor activity residential for those completing the entire programme. The main body of the programme will run between 27th June and 22nd July with our initial team building session on Wednesday 1st June and the First Aid Course taking place on Friday 5th August (we were unable to organise this for any of the dates in June/July). With exams finishing later this summer, the programme is a little more condensed than usual, but hopefully we have managed to keep the key elements and young people will still be able to take part and enjoy a summer holiday.

As a charity we are seeking funding from a variety of different sources to enable us to deliver this programme, which we know will have a huge impact on the young people involved. To enable young people to achieve the greatest personal outcomes from this programme we need young people to participate in all aspects of the project although there can be some flexibility with some aspects of the programme. If you are interested in the programme but are unable to make all of the dates listed below, please let us know and we may be able to find a workable solution. We anticipate that by the end of the programme young people will have achieved a range of awards & qualifications such as: ASDAN Leadership award, HSE First Aid Qualification and a Level 2 Award in Food safety Catering as well as developing their personal, social and practical skills.

We appreciate that young people and parents/carers would like to know the level of commitment required before signing up to LYAS, so we have put together a draft programme of the plans so far. The details of the social action elements are to be confirmed as the specifics are agreed with the team. The draft shows dates where we have confirmed activities as well as where we are hoping to run activities which should enable you to see if the programme is viable for you / your son daughter/ward. We need to prioritise spaces for young people who are able to complete all elements of the programme, so our funders are able to see the greatest impact from this project.

**Introductory Team Building Activity & Taster Day:** *We will be running a taster day before the full programme commences, to give young people a chance to try a couple of activities with other potential team members before committing to a space on the project. The planned date and details for this session is as follows:*

**Wednesday 1st June @ Outdoor & team building activities @ Cotswold Waterpark, near Cirencester 11:00am - 3:00pm *(this is time on site – pick up times from South West Wiltshire will be confirmed once we know who is coming and from where – it is approximately 1½-2 hours drive)***

This will be an opportunity to get to know other young people who are considering joining the LYAS programme and find out a bit more about the project and will include raft building & stand-up paddle boarding. As well as meeting others this will be an opportunity for young people to develop their team working and confidence in an outdoor environment. A complete change of clothes including shoes that can be worn in the water and a towel will be required – lunch will be provided but if everyone can please bring a drink bottle that would be helpful. The water sports activities will be run by an AALA registered provider Waterland Outdoor Pursuits.

**Local Youth Action Scheme (LYAS) - Main Programme**

*We hope to have all spaces on our team allocated by the 20th June, and we will commence our main programme delivery on 27th June. We will provide transport from across South West Wiltshire (Mere, Tisbury and Wilton areas) to those young people who need it, and we will transport young people to all sessions away from Mere Youth Centre. Suggested timings on the programme are for when activities start and finish in their specific locations – travel time will need to be added and pick up times will be issued in advance of the sessions once we know where the team members are coming from.*

*The range of activities are designed to provide young people with the opportunity to develop their own personal and social skills, build relationships with their peers and work together as a team to plan and deliver a community project. Young people engaging positively with this programme will be invited to an outdoor activity residential in Pembrokeshire from 18th – 22nd July. Here they will be able to challenge themselves, with the support of their peers, to face fears, take on new challenges and spend time away from home living together as a team.*

**Monday 27th June –** **Communication, problem solving and an introduction to social action @ Mere Youth Centre 10:00am – 12:30pm**

This session where you will find out a lot more about the programme, have the opportunity to ask questions and begin to think about your social action project and what that could include. We would hope to confirm all the social action dates shortly after this session.

**Wednesday 29th June – Social Action Planning session 1 @ Mere Youth Centre 10:00 - 12:30pm**

This session is all about working with other members of your team to plan a project that will benefit other members of your local community. You will need to speak to local organisations, decide what local needs you would like to address and work with your team to design a project to meet those needs. You may also need to get support from local businesses as well as carrying out some fundraising to ensure you can make your project happen. You will have another session to continue this work, in the next week.

**Friday 1st July - Dorset Adventure Park – Mud Trail & Inflatable assault course @ Corfe 10:15am-14:45pm**

We will be going round the mud trail first so young people will need to come dressed in old clothes (including trainers that can get muddy and wet) for this activity. After lunch, the group will then get changed into swimwear and a wetsuit and put their wet trainers on to go on the inflatable assault course in the lake. Young people will need to bring a complete change of clothes including shoes, a towel (there are outdoor shared showers available to wash off mud, but they are not brilliant – wearing swim kit under their clothes may be wise), a packed lunch (if this is not possible, please let me know) with drink and a large plastic bag / bin liner to put all their muddy stuff in. Details will be confirmed as soon as we know them – pick up times will be confirmed the day before

**Monday 4th July Food Hygiene Course @ Mere Youth Centre 10am – 5pm**

This is a day of training around safe preparation of cooking and successful completion of an end of course test will result in a Level 2 Award in Food Safety and Hygiene which is a very useful qualification to have. If young people need support with reading or writing for this, we can arrange extra volunteers for the day so please let me know. Lunch will be provided.

**Tuesday 5th July – Social Action Planning Day 2 @ Mere Youth Centre 10:00am – 3pm**

This is the second social action planning session where the team will continue to plan a project that will benefit other members of your local community, and decide what local needs you would like to address and work with your team to design a project to meet those needs. You may also need to get support from local businesses as well as carrying out some fundraising to ensure you can make your project happen. You may be involved in making phone calls, writing letters/emails and as a team you will be mapping what you will be doing and when things need to happen. Lunch will be provided.

**Wednesday 6th July -** **Team Building Day – Caving @ Burrington Combe 10:30 – 1:15pm**

This is a session where young people will be encouraged to work together with the team members to face fears and challenges through caving. There will be different levels of difficulty available for young people and the session will be led by qualified instructors from AALA registered CaveClimb. Young people will need to wear old clothes and sturdy boots – over suits will be provided. We will make a picnic lunch after the activity although young people will need to bring a drink and some snacks with them.

**Thursday 7th & Friday 8th - Leadership Training @ Mere Youth Centre 10am – 4pm both days**

During these 2 days young people will learn about and develop leadership skills, working towards an ASDAN Leadership award during this time. These skills will continue to be developed over the rest of the programme enabling them to complete their qualifications. Lunch will be provided – please bring a drink bottle.

**Mon 11th, Tues 12th, Weds 13th, Thurs 14th, Fri 15th July - Delivery of Local Community Project – times and venue to be agreed.**

It is possible that this may involve some evening activity and some long days, however the outcomes of the project will be worth it!! It is important that young people can make a minimum of 4 of these days, and ideally 5. Arrangements regarding refreshments will be agreed with the group in the planning stages.

**Mon 18th – Friday 22nd July – Outdoor Activity Residential @ Caerhafod Lodge, Near St Davids, Pembrokeshire.**

This aspect of the project is designed to reward participants for their commitment to the programme and provide them with the opportunity to push themselves out of their comfort zones with the support of their team. This will involve staying away from home and taking part in adventurous activities including; climbing, abseiling, sea kayaking, surfing and coasteering. All being provided by AALA registered provider The Real Adventure Company with the support of staff and peer leaders from Seeds4Success.

We anticipate leaving Mere around 4pm on Monday evening, returning around 5:30/6pm on Friday (depending on traffic and the transport needs of the group). Further information, consent form and kit list for this element will be issued closer to the time.

**Wednesday 27th July – review of project, complete any outstanding work and plan for celebration event @ Mere Youth Centre – time to be agreed.**

This day is allocated for finishing off any aspects of our community project, any accreditation and completing CVs with members of the team. We will also review the project, complete some publicity about what the team has achieved and plan our awards event. Arrangements for refreshments will be agreed with the group in advance.

**Friday 5th August - First Aid Course @ Thoulstone 10:30am- 5:00pm**

Young People will undergo training in First Aid in an engaging setting, completing a recognised qualification. This course will involve practical activities and a few realistic scenarios for them to respond to (probably the most fun you will ever have whilst learning first aid). Lunch will be provided.

**Celebration evening – date to be agreed with group at earliest opportunity.**

This is a chance for the team to tell their stories of the project, share their achievements with their friends and family and receive their certificates.

**For more information about this project please contact Jaki Farrell on 07585723824 or email** [**jaki@seeds4success.org.uk**](mailto:jaki@seeds4success.org.uk)